

DAVID C. ADAMS, D.D.S., M.S.



*SPECIALIST IN ORTHODONTICS FOR CHILDREN AND ADULTS
SPECIALIST IN PEDIATRIC DENTISTRY*

Directions to Dr. Adams Office

We are located at **239 LAUREL STREET**, on the southwest corner of the intersection of Third and Laurel Street.

Traveling from the South Bay, North on 5 Freeway

Take **5 North** to **6th Avenue** exit. Turn right and proceed to Laurel Street. Turn **left on Laurel Street** and we are three blocks down on your left hand side.

Traveling West on Highway 94

Take **94 West**, to the **5 North**. **Exit 6th Avenue** and turn right. Proceed to **Laurel Street** and turn left. We are three blocks down on the left.

Traveling East on Highway 8 (El Cajon, La Mesa, or Santee)

Take **8 West** to **163 South**. Take first exit, **University Avenue**. Go straight, **DO NOT TURN**. This will put you onto **6th Avenue**. Follow down to Laurel Street. Turn **right onto Laurel Street**. We are three blocks down on the left.

Traveling from North County South on 5 Freeway (Oceanside, Del Mar, La Jolla)

Take **5 South**, **exit Washington Street**. **Turn left**. Go up Washington to University Avenue ("Y"s to the right of Washington). Go up **University to 4th Avenue** and turn right. Proceed to **Laurel Street** turn right. We are on the corner of Laurel and 3rd on the left side.

Traveling from North Count South on 15 Freeway (Escondido, Rancho Bernardo)

Take **15 South** to **163 South**, **Exit University Avenue** Go straight, **DO NOT TURN**. This will put you onto **6th Avenue**. Follow down to Laurel Street. Turn **right onto Laurel Street**. We are three blocks down on the left.

Traveling from Downtown San Diego

Take **5th Avenue North**. Turn left onto **Laurel Street**. We are on the corner of Laurel and 3rd on the right side.

Traveling on Harbor Drive from Point Loma

Harbor Drive going towards the airport to Laurel Street. Make a **left turn onto Laurel**. We are on the corner of 3rd and Laurel on the right side.

Traveling on Highway 8 from Ocean Beach, Point Loma

Take **8 East**, to **163 South**. **Exit University Avenue** (first exit) go straight, **DO NOT TURN**. This will put you onto **6th Avenue**. Follow down to Laurel Street. Turn **right onto Laurel Street**. We are three blocks down on the left.

SAN DIEGO 239 LAUREL STREET, SUITE 201 / SAN DIEGO, CA 92101 / 619-291-5266 / FAX 619-291-0124

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